



# Asquith Mixed Probud Club BULLETIN

## President's Corner.

Christmas and New Year have passed, the "Holiday Season" is over, and we begin to move forward into whatever this year holds for us. The MOST URGENT ISSUE is that our ANNUAL MEETING will be held on the first Thursday of March, and A NEW COMMITTEE will need to be elected! As I have acknowledged numerous times during the year, we have had a great Team of Committee Members and Assistants, who have worked wonderfully, and with much hard effort, to keep our Club running at such a high standard. However, the Constitution, which defines the way our Club operates, states that, except for the office of President, which stands for only one year, *"Other officers and Committee Members may serve for not more than three successive years in any one office."* This may be varied by a decision of Club Members, but the underlying principle is that leadership of the Club is meant to be shared among Members, not dominated by a select few, and a number of our Committee Members are standing down.

This is becoming an increasing problem, as the average of our membership increases. (WE ARE ALL GETTING OLDER!) As I noted last month, several members of the Committee have had to double up with their "portfolios", because of the lack of new recruits! The essential position of Treasurer was only filled because of Angus' offer to step in on a "temporary" basis. NO ONE CAME FORWARD for the rest of the year, and I thank Angus for the excellent job he has done, but where is the next Treasurer? The Club must close if we do not have one!

This is not good enough! We have a wonderful Club, and new members are joining because of the excellence of our activities, but IF WE DO NOT HAVE A PROPERLY FUNCTIONING COMMITTEE, ALL THIS WILL FALL APART. As I said last month, we all pledged when we joined the Club, *"to take an active role in both attendance and participation of this club."* I urge you now to encourage one another to consider what role you could play in carrying the Club forward. I am happy to talk to anyone about how you might help.

I remind you that *"the true spirit of Probud is friendship, fellowship and fun."*

John Davies

<b>Meeting Dates At Magpies</b> <b>Thursday 2<sup>nd</sup> February 2023</b> <b>10am for 10.30am start.</b> <b>General Meeting and AGM.</b> <b>Thursday 2<sup>nd</sup> March 2023</b> <b>10am for 10.30am start. Followed by AGM 11.40am.</b>  Website: <a href="https://www.asquithmixedprobus.org.au">https://www.asquithmixedprobus.org.au</a> Email: <a href="mailto:info@asquithmixedprobus.org.au">info@asquithmixedprobus.org.au</a> <a href="mailto:webmaster@asquithmixedprobus.org.au">webmaster@asquithmixedprobus.org.au</a>	<b>Bulletin: Editor: Sylvia Gratton</b> <b>Asquith Mixed Probud Club Inc.</b> The Secretary AMPC, 9 Warruga Crescent, Berowra Heights 2082 Formed by the Rotary Club of Berowra on 2 October 2008. Club No: 9003799 District: 9685 PD3 Inc. No.: 9890687 <b>Bendigo Bank details for deposits.</b> BSB No: 633-000 Account No.: 139 637 029	<b>PRIVACY:</b> In accordance with the Privacy Act 1988 and recommendation from Probus South Pacific, this newsletter is private and confidential for members of Asquith Mixed Probud Club use only and is not to be used for any other purpose.
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## COMMITTEE NOTES - JANUARY 2023

1. **The Bulletin** will continue to be sent to all members who provide their email. Sylvia has solved the problem by sending it in 2 batches. Quite a few members have mentioned they are happy to receive one per household, please inform Sylvia if this suits you.
2. **The Tour Team** spend a lot of time organising day tours and extended tours. Prior to a tour, they quite often travel to these places to make sure they are suitable, and to get the transport and dining options organised. They should be very proud of their achievements.
3. **Our membership** stands at 140, but we still have 51 members who have not paid their fees. It is interesting to note that after 14.5 years of operation we still have 35 Foundation Members.
4. **Breakfast at Waterside Restaurant, Bobbin Head** on 20th February. Please make sure you pay by the February meeting.
5. **Walker Guides** - The Walking Committee have drawn up a guide for walkers which will be available shortly.
6. **As has been the case** in the past, the Immediate Past President will be seeking Members to act as Observers at Committee Meetings. Meetings are held the week following our General Meeting, and it is a way of seeing the work being done in the background, who knows, you may like to take on a Committee position at an AGM.
7. **The AGM** will be coming up in March, please think about Committee positions which all become vacant. Always good to have some new blood and ideas.

***Pam Slater***

***Secretary***

<b>PLEASE SEND APOLOGIES FOR THE FEBRUARY MEETING TO THE SECRETARY.</b>
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Please advise the outings organiser if you are unable to attend an outing and advise Treasurer if refund or transfer to a different activity is required.

**DOLLS** When? the Wednesday following our monthly 'member meeting' at 10:15 for a 10:30 start. Please join us for tea, coffee, cake and a chat. Wool, needles and stuffing supplied and the good news is you don't need to be able to knit. Contact Barbara Williamson 9484 7578 or 0414 015 244

**MAH-JONG** The group meets every Wednesday afternoon from 1.30pm at Asquith Bowling Club. Contact Pam Clarke for more information. 0416 216 962.

**CARDS** 500 cards held 1<sup>st</sup> and 3rd Wednesday of the month at 10am at Magpies. New players welcome. Phone Mary at 9482 8114.

**MEN'S GROUP** Meets 3<sup>rd</sup> Wednesday of the month at 10am in the Pavilion at Magpies. Contact Robert Allison on 9476 6151 or 0412 196 943.

AMPC Men's Group	Robert Allison	Dolls	Barbara Williamson
Auditor	Robert Allison	5 <sup>th</sup> Thursday BBQ	Lance Williamson
Books DVD	George Gates	Mah-jong	Pam Clarke
Jigsaws	Robert Montgomery	Theatres	
Dining out	Judy Thompson	Walks	Laurie Keaton
Cards 500	Mary Glasby	Web Site	Robert Allison
Public Officer & Historian	Sandra Death	Assist. Tours/Excurs.	Yenda Holland
Assist. Tours/Excurs.	Helen Nancarrow	Assist. Tours/Excurs.	Lula Andersen

### AMPC COMMITTEE MEMBERS 2022-23

AMPC Committee Members		Phone	Email
President	John Davies		
Vice-President Elect	Sandra Death		
Vice-President	Jim Jeffries		
Secretary	Pam Slater		
Treasurer	Angus Dougall		
	<b>Committee</b>		
Bulletin	Sylvia Gratton		
Hospitality	Judy Thompson		
Membership	Barry Willick		
Programme	Jim Jeffries		
Tours/Excursions	Mal & Suellen Steel		
Welfare	Vicki McPherson		
Assistant Secretary	Sandra Death		
Assistant Treasurer			
Walks Representative	Dianne Watson		
Historian/Public Officer	Sandra Death		
Past President	John Channon		

## DINING OUT & HOSPITALITY

### BREAKFAST AT WATERSIDE BISTRO BOBBIN HEAD

**Monday 20 February 9am** there is a 50-metre level walk by the water to the cafe

Cost is \$35 pp

All options can be Gluten Free if you specify by (GF)

1. **Eggs Benedict** softly poached eggs on sour dough with spinach  
and creamy hollandaise sauce.
2. **Bistro Grande** 2 farm eggs with charred bacon, spicy sausage,  
mushrooms, tomatoes, hash browns and relish.
3. **Pancakes** fluffy, triple stack of pancakes, served with  
raspberry coulis, cream and maple syrup.
4. **French Toast** Canadian style egg dipped sour dough, fried  
and served with maple syrup & bacon.
5. **Corn Fritters** with smoked salmon, rocket & relish.  
Tea, coffee and a sweet dessert included.

You must sign up, indicate your number of choice & GF and pay no later than February 2<sup>nd</sup> 2023

**Tuesday 7<sup>th</sup> March 2023** BYO Picnic, more details in the next Bulletin.

Judy Thompson

## WELFARE

Laurie and Trish Keaton were not too good earlier in the month but both are now well.

Jan Cunningham's husband was admitted to Hornsby Hospital with a mini stroke but is doing well.

Sunny Dougall has had an op at the SAN (open heart surgery to replace aortic valve) and is recovering well. Sunny requests no visitors just yet.

Best wishes to anyone who is not tickety boo, we wish you speedy recovery.

Take care out there,  
Vicki

## **DAY TRIPS**

### **DEFENCE OF SYDNEY TOUR, NORTH HEAD**

**February 16th**

**Cost \$8 p.p.**

**Please Pay at or before February meeting**

- **8:01am** Train from Hornsby to Circular Quay
- **9:10am** ferry to Manly
- **9:42am** bus (#161) to North Head sanctuary.
- Coffee with views before the **Tour at 10:30am.**

Please note a good level of fitness and mobility is **suggested** for participants to enjoy this Tour. The 90-minute North Fort tour includes paved bush tracks, 4 sets of stairs and approx. 20 minutes in 1.8 m wide underground tunnels, and in another part of the tour approx. 20 minutes in the underground Plotting Room.

Accompanied by a volunteer guide, you will marvel at heritage gun emplacements, once capable of firing 26.4km, and descend into the 200-metre-long military tunnel complex. Finally, our guide will demystify an underground bunker once shrouded in secrecy: *The Plotting Room*.

BYO picnic Lunch OR fish & chips by the beach OR the many eateries in Manly



### **PORT KEMBLA – STEELWORKS TOUR OR WORKING PORT TOUR**

**March 16th**

- **9:16am** Train from Hornsby to Coniston arriving 11:55am
- **Lunch** across the road at the lovely Coniston Hotel **at your own cost.**  
Please select your meal when you sign up.
- BOTH of the tours run concurrently beginning at 1:20pm
- Returning by **4:30pm train from Coniston** arriving Hornsby **around 7pm**

Please choose ONE of these tours, either:

**2-hour tour of Steelworks \$33 p.p.**



After a quick safety briefing you will be kitted out in safety gear (PPE) before we board the tour bus to begin a truly sensory 'steelmaking' experience. As the tour bus snakes around the Port Kembla Steelworks site, you will spot everything from monster machinery, giant buildings, locomotives and huge stockpiles of raw materials.

Time to turn up the heat as we climb the stairs to visit the colossal Basic Oxygen Steelmaking (BOS) plant and the continuous slab caster to get the best vantage point of steel production – a truly unique experience.

In the tour's final stage, we visit the Hot Strip Mill, where steel slabs are reheated and rolled into coils in a noisy, action-packed process.

Participants must adhere to the following tour clothing/footwear requirements:

- Fully enclosed comfortable non-slip footwear (e.g. sneakers/runners)
- Calf length socks (no ankle socks or invisible socks)
- Full length pants with no rips or splits
- Participation in Steelwork Tours is subject to all guests agreeing to wear Personal Protective Equipment (PPE) & signing a waiver
- Please be aware the tour includes around 300-400 stairs and 2-2.5kms of walking

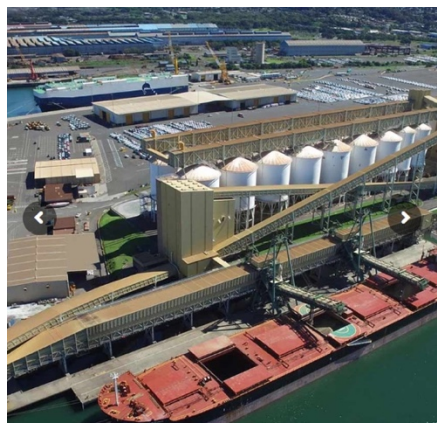


**OR**

### **2-hour minibus tour of Working Port \$25 p.p.**

We begin with a short visit to Greenhouse Park – where the full picture of the port is laid out beneath us.

Next, we enter the Inner Harbour where we see the Port's key infrastructures – being Port Kembla Coal Terminal (the second largest coal terminal in NSW), the Grain Terminals, the state's largest motor vehicle import hub and cruise ship berth – a key gateway supporting New South Wales' motor vehicle, mining, agricultural, manufacturing and construction industries.



We travel along the outskirts of the Port Kembla Steelworks and discuss all things Steel whilst travelling toward the Outer Harbour precinct – A short stop at Christy Dr (offering us spectacular views of the Inner Harbour berths), it's now time to discover the additional infrastructure and industries that are in and around the Outer Harbour. We finish our tour on a beautiful high at Hill 60 with amazing panoramic views of the Illawarra coastline, Lake Illawarra and industrial super centre we have just explored.

## TOURS

### **Mayfield Gardens Festival & Oberon in Autumn      April 4-6th 2023**

**3-day tour**

**Cost \$825pp twin share, all meals & admissions.**

**Single supplement \$150**

**Please pay \$100 deposit ASAP as we need to finalise numbers**

**Balance due by end of February**



Enroute to Oberon, we will have a picnic lunch at Mt Tomah Gardens before travelling on to view Mt Wilson gardens.

The highlight of the tour will be the amazing Mayfield Gardens, one of the largest cool climate gardens in the world. We visit during their Autumn Festival so we will see the extended gardens at their peak autumn colour.

Our time in Oberon includes visits to the villages of Rydal, Tarana & O'Connell with a knowledgeable local guide. Our return journey through the Blue Mountains includes all the colour & mountain scenery in Blackheath, Leura and Wentworth Falls

Full details are available from the team at the sign on desk.

### **8 DAY EYRE PENINSULA TOUR      20 -27 July 2023**

**\$3095 pp. Single supplement \$740**

**\$295 pp deposit to secure your spot.**



### **A Great Coastal Journey to Port Lincoln, Ceduna and the Head of Bight during Whale Season.**

**A small group tour of no more than 25 people with Australian Iconic Tours showcasing natural wonders, local produce, history and the fabulous hospitality of the Eyre Peninsula.**

65% of Australia seafood (and some great wine) comes from this region and doesn't get any fresher than what we enjoy on our seafood discovery adventures. We explore the stunning outback & coastal scenery of the Eyre Peninsula. An Eco Whale watching cruise awaits us at Fowlers Bay, as well as spotting Southern Right whales & calves from the cliffs at the Head of the Bight.

**For full itinerary come and see us at the trip desk.**

**Prices are from Adelaide and do NOT include local accommodation nor airfares from Sydney There are 3 places still available and we would love you to join us**

If you are new to the club, this is a great holiday and a good way to get to know members





## Walks

Details are listed for the Greenwich walk. The Reserve has seating for only about 24 so please share. **REGISTRATIONS CLOSE** For this walk at the February Meeting

### Thursday 23 February 2023- Summer Evening Walk

**Leads:** Kevin (0402 118 122) Laurie (0409 226 121)

**Where:** Greenwich Point and Mann's Park Reserve

**What:** Walk 1- Longer Walkers- Berry creek and Steep Steps.

Scenic Bus. Walk via Shell Park and very scenic fore-shore to Mann's Reserve 3.6 Km

**Walk 2-** Social Walkers. 2.2 km Via High route along Vista Street & then to Shell Park. Street Walk to Mann's Reserve with deviation to the Baths (Toilets). Steep hill exit.

**Bring:** Water, mosquito repellent, supper + drinks – limited seating at Mann's Reserve-small ground cover advised.

**Travel:** Berowra 3.26pm Hornsby 3.39pm Plat 1 Cars 3-4.

**Arr.** Wollstonecraft 4.11 pm (Toilet stop)

**Return-** either walk back to Wollstonecraft (33 to 45 mins) or 6.57pm or 7.27pm ferry to the Quay (22 mins) and train home.

### Thursday 23 March 2023

**Leads:** John Britten (0409 814 825) Kevin (402 118 122)

**Where:** Newcastle and Stockton

**What:** Train to Newcastle Interchange, Light Rail (Social Walkers) (Longer walkers will walk from Interchange)

Walk to Queens Ferry Wharf(700m) Ferry to Stockton. (Social Walkers 750M) Terrain is **FLAT**.

**Bring:** Photo ID and Money.

**Travel:** 07.53am Hornsby Plat 5 Car2 Arr Newcastle Interchange 10.00am Fast trains: do not stop at Berowra. **Ferry** dep 11am.

**Return:** **Ferry** 1.50pm. **Train** 2.20pm Arr **Hornsby** 4.21pm.

**APRIL:** Historic walk including tunnels, trams and varied lunch choices-Central to the Old Glebe Tram Shed (2 walks)

**MAY:** Rose Bay Hermitage Walk to Nielsen Park. + Extension.



Scenic view over Gore Park Reserve and Berry Island. Short walk.

# TRIVIA

**Wednesday February 15<sup>th</sup>.**

**2.30 p.m. Berowra RSL Club (upstairs auditorium)**

**997 Pacific Highway, Berowra (opposite railway station)**

**Only \$7 including tea and biscuits**

Berowra District Mixed Probus Club invites any of our members who are interested to attend their monthly trivia afternoon. They promise an afternoon of friendship, fellowship and fun, with Quizmaster Keith Carson.

The quiz consists of 4 rounds of 12 questions, plus True & False, and Dead or Alive competitions. The standard team size is 4 or 5, and teams may be formed in advance, or you can join a team on the day.

Please book with Keith, per the contact details below. If you pay electronically or by depositing at Bendigo Bank, that helps to reduce the handling of cash, but the option of paying cash on the day is also available.

The Berowra Mixed Probus Club bank account details: BSB: 633 000. Account number:  
137 367 892.

Keith Carson

## **WELCOME TO NEW MEMBERS**



**Anne & Bruce Wheatley**



**June Niven**

## SPEAKERS

### February Speaker John Cameron of Computer Pals

As our original speaker is unavailable due to illness, I have organised **John Cameron of Computer Pals** to speak on computer scams at short notice.

**Jim Jeffries**

## WELCOME TO NEW MEMBERS



**Arthur & Kerry Bower**



**Walter Olegasegarem**

## UPCOMING EVENTS 2023

DATE	ACTIVITY	CONVENOR	PAGE	PHONE NO
Every Wednesday	Mah-Jong Asquith Bowling Club	Pam Clarke	4	
1 <sup>st</sup> & 3 <sup>rd</sup> Wed. 10am	500 Cards Magpies	Mary Glasby	4	
3 <sup>rd</sup> Weds of Month	Men's Group Magpies	Robert Allison	4	
2 <sup>nd</sup> February	Probus Meeting	John Davies		
8 <sup>th</sup> February	Dolls	Barbara Williamson	4	
9 <sup>th</sup> February	Committee Meeting	John Davies		
16 <sup>th</sup> February	Defence of Sydney Tour	Mal Steel	7	
20 <sup>th</sup> February	Breakfast Bobbin Head	Judy Thompson	5	
23 <sup>rd</sup> February	Summer Evening Walk Greenwich TBC	Laurie Keaton	8	
2 <sup>nd</sup> March	Probus Meeting & AGM	John Davies		
7 <sup>th</sup> March	BYO Picnic	Judy Thompson	5	
8 <sup>th</sup> March	Dolls	Barbara Williamson	4	
9 <sup>th</sup> March	Committee Meeting	Sandra Death		
16 <sup>th</sup> March	Port Kembla Tour	Mal Steel	6 & 7	
23 <sup>rd</sup> March	Newcastle & Stockton Walk	Laurie Keaton	9	

## LEXOPHILIA- WHO ON EARTH DREAMS THESE UP?

- Venison for dinner again? Oh deer!
- How does Moses make tea? Hebrews it.
- England has no kidney bank, but it does have a Liverpool.
- I tried to catch some fog, but I mist
- They told me I had type-A blood, but it was a Typo.
- I changed my iPod's name to Titanic. It's syncing now.
- Jokes about German sausage are the wurst.
- I know a guy who's addicted to brake fluid, but he says he can stop any time.
- I stayed up all night to see where the sun went, and then it dawned on me.
- This girl said she recognized me from the vegetarian club, but I'd never met herbivore.
- When chemists die, they barium.
- I'm reading a book about anti-gravity. I just can't put it down.
- I did a theatrical performance about puns. It was a play on words.
- Why were the Indians here first? They had reservations.
- Did you hear about the cross-eyed teacher who lost her job, she couldn't control [her](#) pupils?
- When you get a bladder infection, urine trouble.
- Broken pencils are pointless.
- What do you call a dinosaur with an extensive vocabulary? A thesaurus.
- I dropped out of communism class because of lousy Marx.
- I got a job at a bakery because I kneaded dough.
- Velcro - what a rip off!
- Don't worry about old age; it doesn't last.

Thankyou Anne Heaton for this contribution to the Bulletin.